

## North Carolina Resources

### Human Services:

- **NC Department of Social Services** – <http://www.ncdhhs.gov>

The Department is responsible for work first for families, child protection services, emergency assistance, energy assistance, and a variety of other programs. Contact your local DSS office to apply for Medicaid.

Beaufort County - 252-975-5500	Bertie County - 252-794-5320
Bladen County - 910-862-6800	Brunswick County - 910-253-2077
Carteret County - 252-728-3181	Chatham County - 919-542-2759
Chowan County - 252-482-7717	Columbus County - 910-642-2800
Craven County - 252-636-4900	Cumberland County - 910-323-1540
Dare County - 252-473-1471	Duplin County - 910-296-2200
Durham County - 919-560-8000	Edgecombe County - 252-641-7611
Franklin County – 919-496-5721	Gates County - 252-357-0075
Granville County - 919-693-1511	Greene County - 252-747-5932
Halifax County - 252-536-2511	Harnett County - 910-893-7500
Hertford County - 252-358-7830	Hoke County - 910-875-8725
Hyde County - 252-926-4199	Johnston County - 919-989-5300
Jones County - 252-448-2581	Lee County - 919-718-4690
Lenoir County - 252-559-6400	Martin County - 252-789-4400
Moore County - 910-947-2436	Nash County - 252-459-9818
New Hanover County - 910-798-3400	Northampton County – 252-534-5811
Onslow County DSS - 910-455-4145	Orange County - 919-245-2800
Pamlico County - 252-745-4086	Pender County - 910-259-1240
Perquimans County - 252-426-7373	Person County - 336-599-8361
Pitt County - 252-902-1101	Robeson County - 910-671-3500
Sampson County - 910-592-7131	Scotland County – 910-277-2500
Tyrrell County - 252-796-3421	Vance County - 252-492-5001
Wake County - 919-212-7000	Warren County - 252-257-5000
Washington County - 252-793-4041	Wayne County - 919-580-4034
Wilson County - 252-206-4000	

### Legal:

- **Disability Rights North Carolina** – <http://www.cladisabilitylaw.org>

North Carolina's Protection and Advocacy Agency that seeks to protect and hold the rights of people with disabilities. A non-profit legal assistance program which practices exclusively in the field of disability law. Toll free: (877) 235-4210

- **Legal Aid of NC** - <http://www.legalaidnc.org>

Legal Aid of North Carolina is a statewide, nonprofit law firm that provides free legal services. Each office has lawyers, paralegals, and other staff who know how to help low-income people resolve their legal problems. 919-856-2564 (Administrative office)

- **NC Lawyer Referral Service – NC Bar** - <http://www.ncbar.org/public/lrs>

The NC Find-a-Lawyer can help you locate an attorney in your area who may be able to help you with your legal matter. Although NC Find a Lawyer does not charge for this service, the attorney

may charge you up to \$30 for an initial consultation up to 30 minutes. The attorney will discuss fees beyond the initial consultation. For Referrals by phone: (800) 662-7660

### **Assistive Technology:**

- **NC Assistive Technology Project** - <http://www.ncatp.org>

The North Carolina Assistive Technology Program (NCATP) is a state and federally funded program that provides assistive technology services statewide to people of all ages and abilities.

Raleigh and Administrative Office - 919-850-2787

Greenville - 252-830-8575

Elizabeth City - 252-338-5507

Rocky Mount - 252-446-4330

Wilmington - 910-790-3468

- **NC Division of Services for the Blind** - <http://www.dhhs.state.nc.us/dsb>

Provides services for those who are blind or visually impaired. Services include: Employment services, medical eye program, financial assistance, assistive technology, etc.

Administration - 1-866-222-1546

Fayetteville - 1-800-422-1897

Greenville - 1-800-422-1877

Raleigh - 1-800-422-1871

Wilmington - 1-800-422-1884

### **Independent Living:**

- **NC Independent Living Services** - <http://dvr.dhhs.state.nc.us>

IL assists individuals with disabilities in achieving independence by providing services that enable these individuals to live and function in the homes and communities of their choice. Services include: Independent living skills training, Home and vehicle modifications, Peer counseling and advocacy, adaptive aids, prosthetics, orthotics, Recreational therapy, leisure activities.

Durham – (919) 560-6815

Elizabeth City - (252) 338-0175

Fayetteville - (910) 486-1717

Greenville - (252) 830-3471

New Bern - (252) 514-4806

Raleigh - (919) 715-0543

Rocky Mount - (252) 446-0867

Wilmington - (910) 251-5810

### **Information and Referral:**

- **Office of Citizen Services** - <http://www.dhhs.state.nc.us/ocs>

Guides citizens through the human service delivery system and provides consumers information on and/or referrals to human service providers in all 100 North Carolina counties through the NCDHHS Care Link Information and Referral Service. Assists with problem resolution for concerns or complaints regarding services that NCDHHS oversees or administers through the department's Ombudsman Program. You may reach the NC Care Link, Monday-Friday, except state holidays by calling 1-800-662-7030

### **Long Term Care:**

- **NC Department of Health Service Regulation** - <http://www.ncdhhs.gov/dhsr>

Regulates medical facilities including: hospitals, long term care facilities, adult care homes, home health and hospice, mental health and group care facilities, emergency medical services, and local jails. Administrative Office: (919) 855-3750

## Child Care:

- **NC Division of Child Development** - <http://ncchildcare.dhhs.state.nc.us>  
The Regulatory Services Section monitors and licenses all child care programs in North Carolina. You can also review information about Centers and Homes in your area by using the Division search site. (800) 859-0829

## Aging Services:

- **NC Division of Aging and Adult Services** - <http://www.dhhs.state.nc.us/aging>  
The Division of Aging and Adult Services supports older and disabled adults and their families through a community-based system of services including: home delivered meals, adult day care, transportation, home health, family caregiver support, etc. Administration: (919) 733-3983

## Housing:

- **Center for Universal Design – NCSU** - <http://www.design.ncsu.edu/cud>  
A national information center that develops and promotes accessible and universal design in housing, commercial and public facilities and outdoor environments. Publications to aid individuals, designers, builders, and government entities implement Universal Design are available in print or in PDF format. (800) 647-6777
- **NC Housing Finance Agency –** <http://www.nchfa.org>  
The agency's mission is to create affordable housing opportunities in NC. The Agency provides financing through the sale of tax-exempt bonds and management of federal and state tax credit programs, the federal HOME Program, the state Housing Trust Fund, and other programs. Also provides an accessible apartment locator service. 1-800-393-0988
- **Department of Housing and Urban Development –** <http://www.hud.gov>  
Provides information about homeownership, rental assistance, fair housing, section 8 housing, and discrimination. NC office is based in Greensboro and can be reached at 336-547-4001

## Veteran's

- **Paralyzed Veterans of America** - <http://www.pva.org>  
Assists veterans with disabilities in obtaining their benefits. Also reviews health care facilities and offers guidance through the VA claims process and legal representation for appealing denied claims. 1-800-292-9335
- **Veteran's Administration –** <http://www.va.gov>  
The VA can provide helpful services to veterans such as disability compensation, disability pension, vocational rehabilitation, employment services, life insurance and much more.  
Durham VA Medical Center – (888) 878-6890  
Fayetteville VA Medical Center - (800) 771-6106

## Insurance:

- **NC Department of Insurance** - <http://www.ncdoi.com>  
The Department of Insurance regulates the insurance industry, licenses insurance professionals, provides information about different types of insurance and handles consumer complaints about insurance problems and other insurance related matters. 800-546-5664

- **Division of Medical Assistance - <http://www.dhhs.state.nc.us/dma>**  
Oversees Medicaid and NC Health Choice for Children. You may apply for North Carolina Medicaid and/or North Carolina Health Choice for Children at your local Department of Social Services. If you receive Supplemental Security Income (SSI), you are automatically covered for Medicaid. You may apply for SSI at the nearest local Social Security Office. You can call the SSI Office at 1-800-772-1213

### Mental Health:

- **Division of Mental Health - <http://www.dhhs.state.nc.us/mhddsas>**  
State agency that regulates all mental health services throughout NC. Also, provides a listing of community mental health centers. Administrative Office: 919-733-7011

### Employment:

- **NC Division of Vocational Rehabilitation - <http://dvr.dhhs.state.nc.us>**  
VR provides employment services for people with disabilities. Services can include: assistive technology, evaluation & testing, rehabilitation engineering, job placement, on the job training, etc.
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|-------------------------------|---------------------------------|
| Ahoskie - (252) 332-4006      | Butner - (919) 528-0227         |
| Chapel Hill - (919) 969-7350  | Clinton - (910) 592-4051        |
| Creedmoor - (919) 528-0227    | Dunn - (910) 892-7040           |
| Durham - (919) 560-6810       | Elizabethtown - (910) 872 5569  |
| Fayetteville - (910) 486-1101 | Goldsboro - (919) 778-3795      |
| Greenville - (252) 830-8560   | Henderson - (252) 492-3141      |
| Jacksonville - (910) 455-1445 | Kinston - (252) 522-5482        |
| Laurinburg - (910) 272-4669   | Louisburg - (919) 496-3124      |
| Lumberton - (910) 618-5513    | Morehead City - (252) 247-2037  |
| New Bern - (252) 514-4727     | Pinehurst - (910) 295-1530      |
| Raleigh - (919) 733-7807      | Roanoke Rapids - (252) 537-1126 |
| Rocky Mount - (252) 977-2112  | Roxboro - (336) 597-2150        |
| Sanford - (919) 775-2247      | Siler City - (919) 663-2544     |
| Smithfield - (919) 934-0525   | Tarboro - (252) 641-7849        |
| Washington - (252) 946-0051   | Whiteville - (910) 642-5406     |
| Wilmington - (910) 251-5710   | Wilson - (252) 237-7161         |

### Travel:

- **NC Department of Travel and Tourism – <http://www.visitnc.com>**  
State tourism website that provides information on accommodations, dining and activities. Also provides information about accessible recreation. 1-800-VISIT NC

### Transportation:

- **Department of Transportation - <http://www.ncdot.org>**  
Divisions include: DMV, Public Transportation, Rail and Ferry System, Aviation, Highways, Bicycles and Pedestrians. NC Department of Transportation can be reached at: 1-877-DOT-4YOU. Request form for handicapped placard at: <http://www.ncdot.org/dmv/forms>

## Equipment:

- **Durable Medical Equipment:** For more information about purchasing or repairing durable medical equipment contact:
  - Advanced Seating & Mobility at <http://www.seating-mobility.com/index.html>  
(919) 782-5110
  - Stalls Medical, Inc. at <http://www.stallsmedical.com>  
Raleigh Office at 1-800-627-0732 or (919) 233-0732  
Greenville Office at 1-800-552-9579

## Miscellaneous:

- **North Carolina Chamber of Commerce** – <http://www.2chambers.com/north3.htm>  
The NC Chamber of Commerce provides links to all of the local chambers in North Carolina. One of the best sources for community information is the local chambers of commerce and convention and visitor bureaus. 919-836-1400
- **North Carolina Newspapers** – A limited list of newspapers throughout Eastern NC.
  - Raleigh – News and Observer - <http://www.newsobserver.com>
  - Durham – The Durham Herald-Sun - <http://www.herald-sun.com>
  - Chapel Hill – The Chapel Hill News - <http://www.chapelhillnews.com>
  - Cary – The Cary News - <http://www.carynews.com>
  - Greenville – The Daily Reflector - <http://www.reflector.com>
  - Fayetteville – The Fayetteville Observer - <http://www.fayobserver.com>
  - Wilmington – Star-News - <http://www.wilmingtonstar.com>
  - Rocky Mount – The Rocky Mount Telegram - <http://www.rockymounttelegram.com>
  - Wilson – Wilson Daily Times - <http://www.wilsondaily.com>
  - Roanoke Rapids – The Daily Herald - <http://www.rrdailyherald.com>
  - Nags Head – The Outer Banks Sentinel - <http://www.womacknewspapers.com/obsentinel/>
  - Henderson – The Daily Dispatch - <http://www.hendersondispatch.com>
  - Jacksonville – Jacksonville Daily News - <http://www.jdnews.com>
  - New Bern – Sun Journal - <http://www.newbernsj.com>
  - Goldsboro – The News-Argus - <http://www.newsargus.com>
  - Lumberton – The Robesonian - <http://www.robsonian.com>
  - Laurinburg – The Laurinburg Exchange - <http://www.laurinburgexchange.com>
- **Our State Magazine** – <http://www.ourstate.com>  
A monthly subscription magazine that focuses on NC people, places, travel and history.  
(800) 948-1409